



Outdoor and Experiential Learning

An Holistic and Creative Approach to Programme Design

Andy Martin, Dan Franc and Daniela Zouňková



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Outdoor and experiential learning has advanced in leaps and bounds over the last 20 years. Educators and developers in the Czech and Slovak Republics have been unexpected leaders in the field; the result of isolation of the country under communism and a unique mix of culture and geography. This book offers a guide to the theory and techniques, pioneered by the Czechs and Slovaks, including the concept of dramaturgy, a process involving elements of learning psychology, role play and theatre that concentrates on physical, social, creative and reflective/emotional learning states. It also includes a full set of guidelines for designing outdoor and experiential events, along with complete instructions for 30 games. The authors provide design opportunities to be more creative in the development of young people, as well as older learners and those involved in corporate management education.

Contents

Part I Theory - Methods and Application: The evolution of a holistic process; Theoretical underpinnings of dramaturgy; The five stages of dramaturgy. Part II Practice - Course and Games: A team approach to programming; Running enhanced courses; Using games in the programme; Game logistics; Part III Games - Description and Logistics: Games introduction; Social games; Physical games; Creative games; Psychological (reflective/emotional) games; Summary and Conclusions; Appendix - Outward Bound; Bibliography; Index.

About the Author

Andy Martin is a senior lecturer at Massey University, Palmerston North, New Zealand. Dan Franc is a training and e-learning consultant. Daniela Zouňková is a freelance translator, English and Norwegian teacher, and outdoor instructor.

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